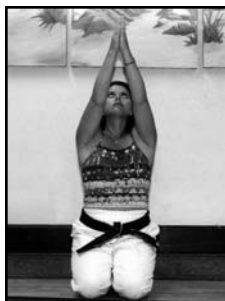


## MEET OUR PROFESSIONAL STAFF



**STUART G. FOWLER**  
*Principal/Instructor*

- Bachelor of Science +18 in Physical Education
- Certified to Teach Physical Education - current Teaching Credentials
- 4th Degree Black Belt - Okinawan GoJyu Ryu Karate-Do.
- 4th Degree Black Belt -Okinawan Kobudo (Okinawan Weapons)
- Over 27 years of Martial Arts Experience.



**SHERRI FOWLER**  
*Head Instructor*

- Associate of Business - with a major in Management
- Certified Fitness Kickboxing Instructor.
- Certified Sport Yoga Instructor.

- 3rd Degree Black Belt Okinawan GoJu Karate-Do.
- 3rd Degree Black Belt Okinawan Kobudo (Okinawan Weapons).
- Over 16 years of Martial Arts Experience.
- Southeast Region Champion ( National Black Belt League ) Kata (Forms), Weapons, Fighting 1989 to 1991.



**CALVIN "TINY" WALKER**  
*Instructor*

- Over 5 years teaching Martial Arts Experience
- 2nd Degree Black Belt Okinawan GoJu Ryu Karate Do
- 2nd Degree Black Belt Okinawan Kobudo (Okinawan Weapons)
- Over 15 years of Martial Arts Experience
- South Carolina State Champion - Kata (Forms) and Fighting. Foothills Karate Circuit.



**RENEE WARREN GAHAN**  
*Yoga Instructor*

- Bachelor of Arts - English
- Published Poet
- Over 7 years of Martial Arts Experience.
- 2nd Degree Black Belt - Okinawan GoJu Ryu Karate-Do
- 2nd Degree Black Belt - Okinawan Kobudo (Okinawan Weapons)
- Certified Sport Yoga Instructor

**We Teach**  
**Respect**

In today's world parents need extra help reinforcing respect, courtesy and self-discipline. These are part of everyday lessons at our school. Our Martial Arts classes teach much more than kicking and punching. We teach life skills. Please call or visit our studio to see how we can help reinforce the lessons your child needs in life.

**Everyday**

**INTRODUCTORY SPECIAL! \$99**  
CALL TODAY FOR INFORMATION.

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**BETTER GRADES**

It's no secret that Martial Arts training **BUILDS STRONGER BODIES**, develops motor skills and **TEACHES SELF-DEFENSE**. But, did you know, students who study Martial Arts also tend to **DO BETTER IN SCHOOL**. Students enrolled in structured martial arts classes where they learn goal setting and how to focus, develop **SELF-CONFIDENCE** and increase their **SELF-ESTEEM**. They get **BETTER GRADES** and perform better in school sponsored activities. The Martial Arts teach more than just punching and kicking. **WE TEACH LIFE SKILLS!** Goal setting, **COURTESY** and **RESPECT**, perseverance and an **I-CAN ATTITUDE** are part of our curriculum. Join us for a **FREE TRIAL CLASS** and see why parents and school administrators alike recommend our studio!

**ENROLL NOW!**  
BEGINNER AND ADVANCED CLASSES  
BEING FORMED.

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## Fowler Karate

Okinawan GoJu Ryu  
Karate-Do and Kobudo

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