



Matayoshi Weapons/ Okinawan Goju Ryu Seminar Hosted by: Shihan Stuart Fowler

Fowler Karate



Weapons and Goju Ryu Seminar Date: June 14, 2008

Time: 11:00am-1:00pm 1:00pm(Lunch) 1:30-3:00pm **Kobudo**

3:15-5:00pm **Goju Ryu** (Black Belts & those Testing for Black Belt)

11:00am—1:00pm \$25 pre register by June 14, 2008

11:00am—3:00pm \$50 pre register by June 14, 2008

9:00am—5:00pm (Black Belts & those testing for Black Belt) \$75.00

* Please bring tennis shoes, sunscreen, etc. for training outside and bag lunch.

Fowler Karate will be hosting its beginning of summer weapons seminar. This training is open to all styles of Martial Arts practitioners. During the seminar weapons covered will include Bo, Sai, Tonfa, Nunchaku, Kuwa, other exotic weapons, and applications of each. Participants will learn the weapons according to rank and knowledge of each weapon. To sign up or receive more information contact Stuart Fowler fowlerkar@aol.com or Sherri Fowler fkgetfit@yahoo.com.

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